



# ESSKA Advanced Knee Arthroscopy Course - ALL ABOUT PCL

**11 - 12 April 2024** in Barcelona, Spain

1 knee specimen per attendee



The ESSKA Advanced Knee Arthroscopy Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the knee from renowned ESSKA Faculty using state of the art surgical facilities.

# Faculty



**Akhtar Kash**  
Cleveland Clinic  
*London, UK*



**Vincenzo Condello**  
Humanitas Castelli  
*Bergamo, Italy*



**Koen Carl Lagae**  
Monica Hospitals  
*Antwerp, Belgium*



**Jakob Merkak**  
OH Valdoltra  
*Slovenia*



**Xavier Pelfort**  
Parc Taulí  
*Sabadell, Spain*



**Manuel Leyes**  
Olympia  
*Madrid, Spain*



**Raul Torres**  
Hospital del Mar  
*Barcelona, Spain*



**Emmanuel Papakostas**  
Aspetar Orthopaedic and  
Sports Medicine Hospital



**Dragos Popescu**  
Hospital Clínic  
*Barcelona, Spain*



**Gustavo Vinagre**  
*Porto,*  
*Portugal*

## Learning objectives

The lectures will be directly correlated to what the attendees will perform in the laboratory. The attendee is expected to learn all about the Posterior Cruciate Ligament (PCL) starting from the very simple to the very complex.

The basics of arthroscopic portals will be revisited considering the multiportal access to the knee joint. Screening of a PCL tear and single/double reconstruction techniques will be discussed.

Additionally, combined reconstruction of PCL and posterolateral corner/posteromedial corner will be explained and practiced on cadaveric specimens. Each attendee will have its own cadaveric knee and given enough time in the lab, to ensure all techniques can be practiced.

# PROGRAMME

Thursday, 11 April 2024

Start End

08:00 08:10 Welcome and introduction *JC Monllau*

## ISOLATED PCL

08:10 08:20 How to screen a PCL tear *G. Vinagre*

08:20 08:30 PCL reconstruction single bundle  
(incl. video) *K. Lagae*

08:30 08:40 PCL reconstruction double bundle  
(incl. video) *E. Papacostas*

08:40 08:50 Questions to “teachers”

08:50 09:05 Coffee break

09:05 11:35 **FIRST LAB. SESSION**  
Standard PCL reconstruction

11:35 11:55 Questions to “teachers” about surgical indications

11:55 12:40 Lunch

## COMBINED PCL

12:40 12:50 PCL + PLC (incl. video). Fibular based *V. Condello*

12:50 13:00 PCL + PLC (incl. video). Tibial Based *X. Pelfort*

13:00 13:10 Acute (repair) vs Chronic  
(combined Osteotomy) *Kash Akhtar*

13:15 15:35 **SECOND LAB. SESSION:**  
Postero Lateral Corner Reconstruction

15:35 15:55 Question to “teachers” about surgical indications

Friday, 12 April 2024

Start End

**COMBINED MCL**

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08:00	08:10	PCL + PMC (incl. video). Anatomic Recon	<i>D. Popescu</i>
08:10	08:20	PCL + PMC (incl. video). Non-anatomic Recon	<i>M. Leyes</i>
08:25	10:45	<b>THIRD LAB. SESSION:</b> Postero Medial Corner Reconstruction Chronic: different reconstruction available	
10:45	11:05	Question to “teachers” about surgical indications	
11:05	11:20	Closure and meeting evaluation	

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## Course Directors



**Prof. Joan C. Monllau**  
*Course Director*  
Hospital del Mar  
and  
Hospital Universitari Dexeus  
Barcelona, Spain



**Assoc. Prof. Miquel Dalmau-Pastor**  
*Course Director*  
University of Barcelona  
Barcelona, Spain  
MIFAS by GRECMIP  
Merignac, France

## Course Venue

**Dissection Room, Campus Bellvitge,  
Universitat de Barcelona**

Carrer de la Feixa Llarga, s/n,  
08907 L'Hospitalet de Llobregat,  
Barcelona, Spain

<https://maps.app.goo.gl/p9hRMVpq6hQ2i61R8>

## Hotel Information

**Hyatt Regency Barcelona Tower**

Avinguda de la Granvia de l'Hospitalet, 144,  
08907 Barcelona, Spain

## Registration fees

ESSKA member: 1500€

ESSKA non-member: 1650€

*Limited to 20 attendees*



## Contact Information

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